

## SCHEDULE 5

### BLOCK LISTING SIX MONTHLY RETURN

To: Listing Applications UK Listing Authority Old Broad Street London EC2N 1 HP

AVS No

Please ensure the entries on this return are typed

1	Name of company	ARC International plc
2.	Name of scheme	ARC International Approved Executive Share Option plan
3.	Period of return:	From 29.03.07 to 29.09.07
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	280,500
5.	Number of shares issued/allotted under scheme during period:	10,000
6.	Balance under scheme not yet issued/allotted at end of period	270,500
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	427,500 – 16 <sup>th</sup> December 2004

Please confirm total number of shares in issue at the end of the period in order for us to update our records

152,677,924

Contact for queries:	Address:	ARC International Plc Verulam Point Station Way St Albans Herts
Name:	Charles Rendell	All SHE
Telephone:	01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance

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To: Listing Applications UK Listing Authority Old Broad Street London EC2N 1 HP

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1.	Name of company	ARC International plc
2.	Name of scheme	ARC International Incentive Stock sub plan
3.	Period of return:	From 29.03.07 to 28.09.07
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period : 713,196	
5.	Number of shares issued/allotted under scheme during period: 135,937	
6.	Balance under scheme not yet issued/allotted at end of period 577,259	
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission; 3,500,000 – 16 <sup>th</sup> December 2004	

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Name:	Charles Rendell	All SHE
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Person making return

Name: Charles Rendell

Position: Vice President of Finance

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1.	Name of company	ARC International plc
2.	Name of scheme	Directors share based award
3.	Period of return:	From 29.03.07 to 28.09.07
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	156,250
5.	Number of shares issued/allotted under scheme during period:	nil
6.	Balance under scheme not yet issued/allotted at end of period	156,250
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	1,000,000 – 7 September 2005

Please confirm total number of shares in issue at the end of the period in order for us to update our records

152,677,924

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Name:	Charles Rendell	All SHE
Telephone:	01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance

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1.	Name of company	ARC International plc
2.	Name of scheme	ARC International Share Save Scheme
3.	Period of return:	From 29.03.07 to 28.09.07
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period : 164,065	
5.	Number of shares issued/allotted under scheme during period: nil	
6.	Balance under scheme not yet issued/allotted at end of period 164,065	
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission; 355,677 – 16 <sup>th</sup> December 2004	

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152,677,924

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Name:	Charles Rendell	All SHE
Telephone:	01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance

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AVS No

Please ensure the entries on this return are typed

1	Name of company	ARC International plc
2.	Name of scheme	ARC International Unapproved Executive Share Option plan
3.	Period of return:	From 29.03.07 to 28.09.07
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	833,178
5.	Number of shares issued/allotted under scheme during period:	37,191
6.	Balance under scheme not yet issued/allotted at end of period	795,987
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	1,177,137 – 16 <sup>th</sup> December 2004

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Name:	Charles Rendell	All SHE
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Person making return

Name: Charles Rendell

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1.	Name of company	ARC International plc
2.	Name of scheme	ARC International Share Option Schemes
3.	Period of return:	From 29.03.07 to 28.09.07
4.	Number and class of share(s) (amount of stock/debt security) not issued under scheme at beginning of period :	16,569,175
5.	Number of shares issued/allotted under scheme during period:	435,500
6.	Balance under scheme not yet issued/allotted at end of period	16,133,675
7.	Number and class of share(s) (amount of stock/debt securities) originally listed and the date of admission;	50,000,000 – 10 <sup>th</sup> October 2000

Please confirm total number of shares in issue at the end of the period in order for us to update our records

152,677,924

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Name:	Charles Rendell	All SHE
Telephone:	01727 891400	

Person making return

Name: Charles Rendell

Position: Vice President of Finance